Training, Defensive Tactics, and the New Generation of Officers with Lt. Kevin Dillon (Ret.)

Description

In this episode of The Guardian Mindset Podcast, Attorney Eric Daigle interviews Lieutenant Kevin F. Dillon (ret). Dillon discusses his background in law enforcement and how he developed the combative arrest control program called L.O.C.K.U.P.® for the state of Connecticut. Listen now on **Spotify** or **Apple Podcasts**.

Topics Discussed in this Episode:

- The challenges of defensive tactics training and the importance of time-tested skillsets.
- Various issues related to police training, including the importance of creating realistic training scenarios, tailored training programs, and role-playing to help retain training information.
- The importance of de-escalation in use of force policies, with a clear definition of de-escalation and the cognitive limitations of active diffusion.
- Quantifying efforts to create a positive perception of law enforcement.
- The challenges faced by police officers in use-of-force incidents, including the need for multiple officers and the impact of fear on their performance.

Resources:

- Learn about Police Combat
- Register Now: Active De-Escalation Strategies
- Follow DLG on LinkedIn
- Learn more about the DLG Learning Center
- Continue Your Education with a Curated Path to Stay Up to Date
- Training Built for Supervisors & Command

About the Guest:

Lt. Kevin F. Dillon (ret) is a twenty-five-year veteran law enforcement officer and international law enforcement speaker and trainer. As an instructor of use of force, communications and defensive tactics since 1988, Lieutenant Dillon has developed the internationally recognized L.O.C.K.U.P.® Arrest and Control System. L.O.C.K.U.P.® is a comprehensive approach, based on gross motor skill concepts, that actually reduces injuries to citizens and police officers. Lt. Dillon also developed the L.E.A.D.S.-Law Enforcement Active De-escalation Strategies curriculum course in 2007 which is also a nationally recognized communications program. It has been presented to officers throughout the country. Lt. Dillon, a highly sought-after speaker and trainer in use of force analysis and has trained and consulted civilian and law enforcement use of force issues and programs throughout North America and Europe. Lt. Dillon has trained over 25,000 officers!

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Lt. Dillon has just received the FBI National Academy Associates Science and Innovation Award of 2022 for the development and instruction of L.O.C.K.U.P. and L.E.A.D.S. training. The committee voted unanimously as L.O.C.K.U.P. and L.E.A.D.S. is the only DT system they found that is NOT just technique based but on the innovation of quantifying and development of Arrest and Control along with the L.E.A.D.S. de-escalation integration and interleaving.

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